

PEACH MILKSHAKE

Ingredients for 5 servings (1 litre):

- 350 g of the PURENA peach puree
- 1 tbsp of lemon juice
- 250 ml of soya milk or other plant milk
- 200 g of vanilla cheese
- a pinch of cinnamon
- 200 g of ice



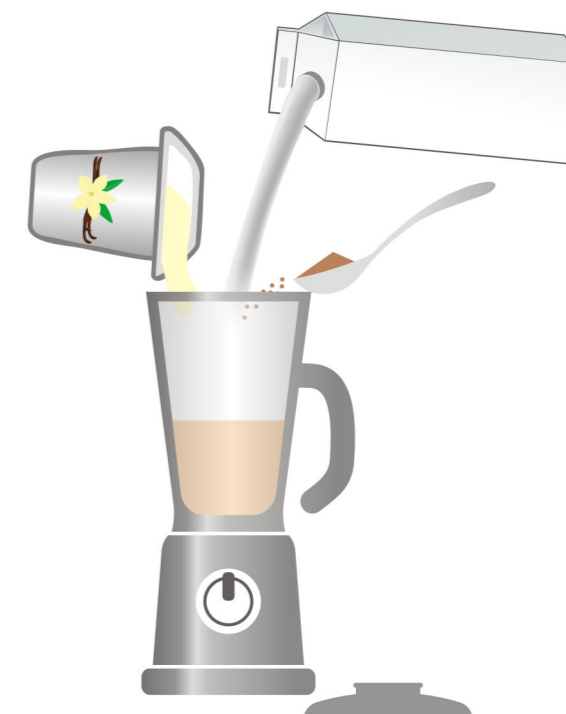
DIRECTIONS:

1



Pour the peach puree and lemon juice into a blender.

2



Add the remaining ingredients: soya milk, vanilla cheese and a pinch of cinnamon.

3



Add ice.

4



Blend all the ingredients together.

Nutrition info:

100 g
60 kcal

1 serving
128 kcal

Consume the prepared milkshake within 24 hours. Store the opened PURENA packet in the refrigerator for 7 days.